Scott had pointed out that at this point in the story they have been really just fighting out of their reflexes and not in a proper and clean way.

Adam at this point never really noticed that himself and agreed to do some training.

Axel then discovered that history books could also spawn monsters like a spawner from a craft mine.

It was then that everyone not counting Axel learned how to use their weapons naturally and not by a rushed use of force.

Lastly the team then discovered how to use unison skills powerful attacks by using their weapons at the same time with the occasional skills of using their elemental magic which wasn't as strong.