

On the suggestion of Lucas the team had begun to train their powers a bit so that they aren't fighting on just pure instinct and reflexes but fighting for the sake of fighting without second guessing themselves at all.

The way Lucas had gone about this was by using his powers in the time realm to help the others use their powers within a pinch and seeing if that worked.

After a lot of rocky moments the team had began to follow properly what it means to train under their leader in which everyone had caught onto.

They did not have fancy outfits or moves... things just felt more uniform to them and how it was very hard not picking this up.