You're down with a fever, and you go through the cabinet for whatever you want to eat.

Then you find a can of soup called honey chicken noodle soup that you forgot you bought from the store, but you're desperate for food.

So you opened the can, poured the soup in a bowl, and started the microwave. Then when it's finished you stirred the soup on the stove saucepan, and when finished you put it back in the bowl and started sitting on the table prepared to eat it.

You started scooping the soup out of the spoon and then started eating it. When you finished the soup your belly was growling the entire time, and you started getting more hungry, and scouring for more food your belly started inflating like a balloon until your shirt started ripping apart, and then your shirt is fully gone to the biggest gut in your existence resembling a bear, but you didn't notice while looking for food.

Then brown fur comes out of your belly and spreads through your arms then they bulk up, and then your hands and wrist are covered in fur. Your hands start growing bigger and your palms puff up until it turns into lumps, then your nails grow longer until they turn into claws, but you still didn't notice looking for food.

And then your legs and feet start changing when the fur spreads there. Your legs start to bulk up along with your arms. Then your feet become bigger like your hands along with the palms puffing and nails growing to claws, and you still don't notice while trying to find food.

Also, your pants have a little bump until it rips into a little tail that wags for food.

Then finally the fur reaches your face until your neck fattens a bit with fat. And then your halting for a sneeze as the burning sensation in your nose started.

"Ah, Choo!"

You sneeze as your face stretches and turns into a muzzle, along with your ears moving to the top of your head and turning circular completing the transformation.

You walk to the bathroom to get tissues, then you look in the mirror and see your body as an anthro bear.

"Aw, man. How am I going to explain this?"

You said as if you don't know what to do after seeing your bear body.

"I do look good as a bear." You said admiring the bear body

The end